

Gloucester Canoe Club Risk Assessment – Pool sessions

| Risk assessment | |
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| Activity/Task Assessed: | Swimming Pool sessions at GL1 |
| Location and date (if appropriate): | GL1 Leisure Centre, Bruton Way, Gloucester GL1 1DT |
| Assessment Date: | 24 February 2024 |
| Assessed by: | Paul Gibson |
| Date Written: | 24 February 2024 |
| Assessment Review date: | January 2025 |

NOTES

1) This risk assessment must be read in conjunction with the Gloucester Canoe Club Safeguarding Policy and with the British Canoeing Awarding Body Environmental Definitions and Deployment Guidance for Instructors, Coaches and Leaders – the most up to date version is available at <https://britishcanoeingawarding.org.uk/environmental-definitions-and-technical-advice/>

2) Definitions

Hazard: Something that has the potential to cause harm

Severity: The degree of harm which the uncontrolled hazard has the potential to cause

Likelihood: The probability that the hazard potential will be realised, taking into account any risk control measures in place

Risk: Risk expresses the likelihood that the harm from a particular hazard is realised, taking into account Severity.

RISK ASSESSMENT RECORD SHEET:

| Possible Hazards | Severity (without control measures) | Likelihood (with control measures) | Risk Level | Action Required | Action Completed (date and signature) |
|--|-------------------------------------|------------------------------------|------------|---|---------------------------------------|
| Drowning | High | Unlikely | Medium | Pool lifeguard in attendance. Nominated coaches in attendance. Rescue/capsize drills under tuition. No swimming in pool other than for capsize drills and coaches. Team leader/coach to limit number of paddlers in pool to ensure appropriate level of monitoring. | |
| Collision / contact injury | Medium | Possible | Medium | Aggressive paddling no permitted by coach/team leader or lifeguard. Freestyle practice to be undertaken away from "drills". | |
| Slips and trips | Low | Possible | Low | Ensure no running or horseplay. Ensure kayaks and equipment are not to be left at poolside. | |
| Musculoskeletal injury | Low | Possible | Low | Enforce good manual handling technique. Ensure boats have adequate buoyancy to reduce load when emptying boats. | |
| Paddler trapped in building after evacuation | Medium | Not likely | Low | Club member to maintain register of paddlers, volunteers and observers. Club member nominated as marshal in the event of emergency. | |
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| Risk Assessment - "Aide Memoir" | |
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| Hazard Severity | Examples of Type of Injury |
| Low | Scratch, bruise, minor cut, minor burns. Normal work possible after first aid treatment. |
| Medium | Burns, severe cuts, minor fractures (fingers & toes), strains, sprains, temporarily disabling back injuries. Accident results in loss of time less than 3-day injury. |
| High | Permanent disability, amputations (e.g. loss of finger), other fractures, over 3-day injury, multiple injuries, fatalities. |
| Description of Likelihood | Example |
| Unlikely | Harm will seldom occur. So Unlikely, probability close to zero, e.g. the chance of being struck by lightning in UK. |
| Possible | Harm will occur frequently. |
| Likely | Harm is certain or near certain to occur. Occurs repeatedly, to be expected. If conditions continue an accident or incident is almost certain to occur. |

Express the level of risk associated with identified hazards by multiplying the **hazard severity** by the **likelihood** of the hazard occurring. Consult the risk matrix, to express the risk level:

Risk Level

| Likelihood <input type="checkbox"/> Hazard Severity <input type="checkbox"/> | Unlikely | Possible | Likely |
|---|----------|----------|-----------|
| Low | Very Low | Low | Medium |
| Medium | Low | Medium | High |
| High | Medium | High | Very High |

Risk-based Control Plan

| Risk Level | Action |
|------------|--|
| Very Low | No action is required, though assessment must be recorded. |
| Low | No additional controls are required. Consideration may be given to improvements. Monitoring is required to ensure that the controls are maintained. |
| Medium | Efforts should be made to reduce the risk, but the implications of mitigation should be carefully evaluated. Risk reduction measures should be implemented within a defined time period. Where moderate risk is associated with extremely harmful consequences, further assessment may be necessary to establish more precisely the likelihood of harm as a basis for determining the need for improved control measures. |
| High | Activity should not be started until the risk has been reduced. Restrictions may have to be imposed to reduce the risk. |
| Very High | Activity should not be started until the risk has been reduced. If it is not possible to reduce risk even with severe restrictions, the activity should not be started. |

